



NORTH MASON REGIONAL FIRE AUTHORITY

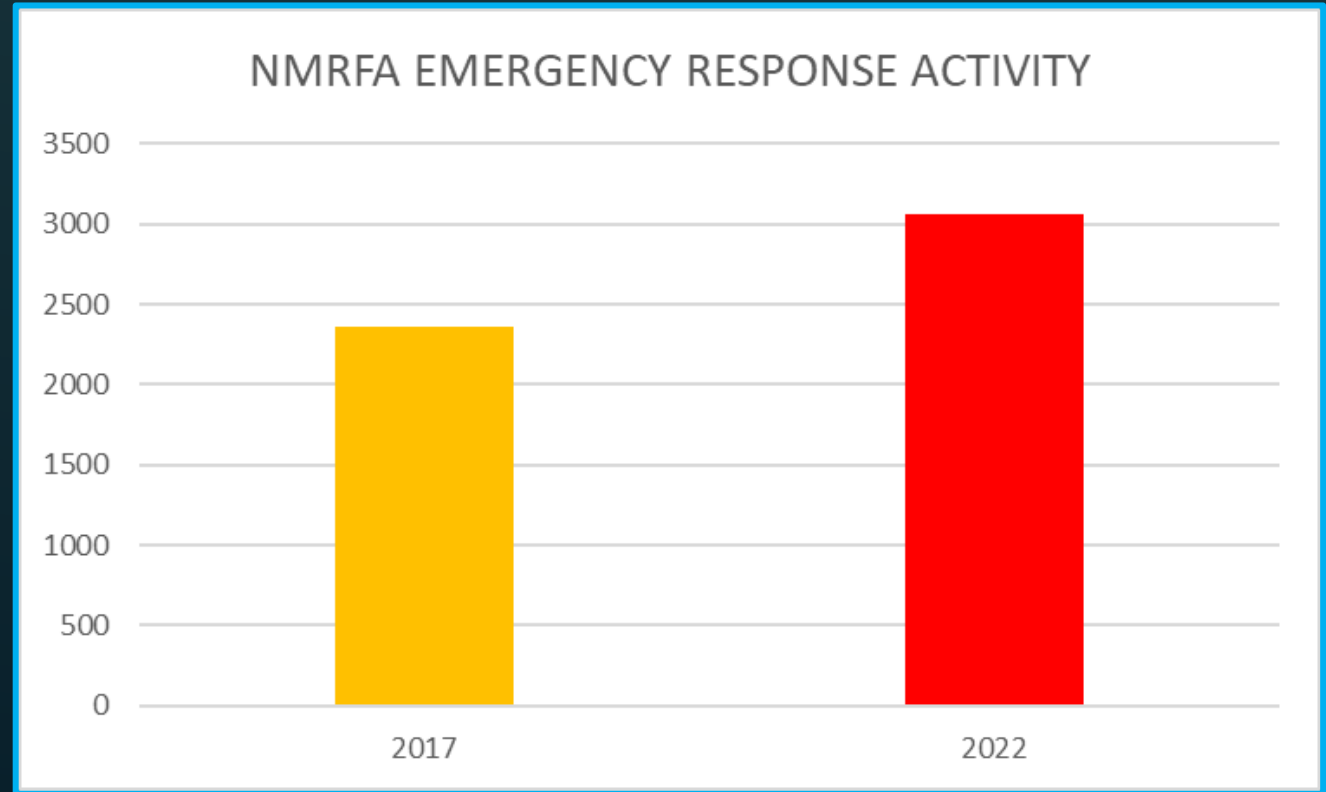
- Located at the end of the Hood Canal, Mason County, WA
- 132 Rural Square Miles
- 3000+ Calls Per Year
- 30 Paid Staff + 45 Volunteers
- All Emergency Services: Fire, EMS, BLS & ALS

MASON COUNTY, WASHINGTON

- 1,051 Square Miles
- 69,600 Residents
- 9 Fire Districts
- 1 Hospital



NMRFA EMS RESPONSE SYSTEM ANALYSIS



↑ 30%





Challenges in Mason County's Healthcare System

- Challenges in Navigating the Healthcare/Behavioral Health (BH) System
- Delays in Receiving Medical/BH Care
- Emergency Room Overcrowding
- Hesitancy or Refusal to Seek Care
- High Healthcare and Insurance Costs
- Limited Access to Healthcare/BH
- Mismatched Care for Patient Needs
- Overwhelmed Healthcare/BH Facilities
- Rural Community Challenges





MOBILE INTEGRATED HEALTH

2 Fire Based MIHP Teams

- ▶ Advanced Nurse Practitioner
 - ▶ Registered Nurse
 - ▶ Prevention Specialist/Peer Support
- ▶ Psychiatric Nurse Practitioner (Split)



MIHP SERVICES PROVIDED

- ❖ CRISIS ASSISTANCE
- ❖ FALLS PROGRAM
- ❖ HOSPICE ASSISTANCE
- ❖ HOSPITAL DISCHARGE FOLLOW-UP
- ❖ HOUSING ASSISTANCE
- ❖ HOUSING PROGRAM REFERRALS
- ❖ INPATIENT SERVICES PLACEMENT ASSISTANCE
- ❖ INSURANCE NAVIGATION
- ❖ MEDICAL AND MENTAL HEALTH PRESCRIPTIONS
- ❖ MEDICAL CLEARANCE FIELD ASSISTANCE
- ❖ MEDICAL SPECIALIST REFERRALS
- ❖ MEDICATION EDUCATION
- ❖ MOBILE LAB AND TESTING SERVICES
- ❖ MOBILE MEDICAL DIAGNOSIS AND TREATMENT
- ❖ MOBILE MENTAL HEALTH DIAGNOSIS & TREATMENT
- ❖ NARCAN DISTRIBUTION AND LEAVE-BEHIND
- ❖ NO-BARRIER MOUD SERVICES & REFERRALS
- ❖ OVERDOSE FOLLOW-UP
- ❖ PUBLIC HEALTH ASSISTANCE
- ❖ RE-INTRODUCTION CARE AND ASSISTANCE
- ❖ SOCIAL AND SUPPORT AGENCY REFERRALS
- ❖ SUD PREVENTION ASSISTANCE
- ❖ SUD TREATMENT AND RECOVERY SUPPORT
- ❖ WOUND CARE
- ❖ INFECTIOUS DISEASE TESTING AND TREATMENT



Funding Sources

- ACH (Accountable Community of Health)
- Community/Private Foundation Grants
- Service Contract w/Community Partners
- Insurance Billing
- Opioid Settlement Funds
- Public Health Districts
- Public Hospital District/Hospital
- Treatment Sales Tax

MIHP Program Impacts (since 2023)

- ▶ 2677 Unique Patients Served
- ▶ 4210 MIHP Patient Visits
- ▶ 62% Identified as High Risk for Hospital Visit
- ▶ 12% Transported by EMS to Emergency Room
- ▶ \$12 million not spent on hospital/EMS based health care
- ▶ 10% reduction in emergency calls (300) for 2025





THANK YOU! Questions?

Beyond 911-Transforming Rural Healthcare
<https://www.youtube.com/watch?v=IRrKfbzQCPM&t=6s>

